ABSTRAK

Anjani, P. G. G. H. 2023. Hubungan antara self-esteem dan kepuasan pernikahan pada suami. *Skripsi*. Yogyakarta: Psikologi, Fakultas Psikologi, Universitas Sanata Dharma.

Penelitian ini bertujuan untuk menguji apakah ada hubungan antara *self-esteem* dan kepuasan pernikahan pada suami. Hipotesis yang diajukan penelitian ini adalah terdapat hubungan positif antara *self-esteem* dan kepuasan pernikahan pada suami. Penelitian ini merupakan penelitian kuantitatif korelasional. Partisipan penelitian ini berjumlah 207 suami yang berusia 18-40 tahun. Alat pengumpulan data yang digunakan adalah skala *Rosenberg Self-Esteem Scale* (RSES) dengan koefisien reliabilitas $\alpha = 0,773$ dan *Couple Satisfaction Index*-16 (CSI-16) dengan koefisien reliabilitas $\alpha = 0,921$. Teknik analisis data menggunakan uji korelasi *Spearman's rho* karena distribusi data tidak normal. Hasil analisis data menunjukkan bahwa terdapat hubungan yang positif dan signifikan antara *self-esteem* dan kepuasan pernikahan pada suami dengan koefisien korelasi sebesar $r = 0,404$ dan taraf signifikansi $p < 0,01$. Berdasarkan hasil penelitian yang diperoleh, hipotesis penelitian diterima. Hasil penelitian menunjukkan bahwa semakin tinggi tingkat *self-esteem* seorang suami, maka semakin tinggi tingkat kepuasan pernikahannya.

Kata kunci: kepuasan pernikahan, *self-esteem*, suami.

ABSTRACT

Anjani, P. G. G. H. 2023. Correlation between self-esteem and marital satisfaction among husband. *Thesis*. Yogyakarta: Psychology, Faculty of Psychology, Sanata Dharma University.

The current study was aimed to examine the relationship between self-esteem and marital satisfaction in husbands. The hypothesis proposed in the current study is that there is a positive relationship between self-esteem and marital satisfaction in husbands. The current research was a correlational quantitative study. The participants of the current study was 207 husbands aged 18-40 years. The data collection instrument were the Rosenberg Self-Esteem Scale (RSES) with a reliability coefficient α = 0.773 and Couple Satisfaction Index-16 (CSI-16) with a reliability coefficient α = 0.921. The data analysis technique uses the Spearman's rho correlation test because the data distribution was non-normal. The results of data analysis showed a positive and significant relationship between self-esteem and marital satisfaction in husbands with a correlation coefficient r = 0.404 and a significance level of p < 0.01. Based on these results, the hypothesis of this study was accepted. The result means that the higher level of husband's self-esteem, the higher level of his marital satisfaction.

Keywords: *marital satisfaction, self-esteem, husband.*